



Emotional Intelligence



Passion
Compassion
Love
Joy
Peace
Trust
Appreciation
Gratitude
Empathy
Forgiveness



Love based

Constructive

Arrogance
Greed
Impatience
Anger
Competition
Jealousy
Hatred



Anger based

Destructive

Apathy
Pessimism
Victimhood/Blame
Low Self Worth
Fear
Guilt
Shame
Sorrow



Fear based

Stuck